

# CLIENT/COACH AGREEMENT

## CLIENT

By booking this coaching session, I agree that I am at least 18 years of age and agree to all the terms and conditions written within this Client/Coach Agreement. I understand that life coaching is a comprehensive process that may involve all areas of my life, including work, finances, health, relationships, education and recreation. I acknowledge that deciding how to handle these issues and implement my choices is exclusively my responsibility.

I understand that life coaching does not treat mental disorder as defined by the American Psychiatric Association. I also understand that life coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use it in place of any form of therapy.

My coach may recommend a counselor, licensed psychotherapist or psychologist if emotional or mental illness appears to be an issue.

## COACH

## FEES

My initial fee is \$150 for 3 sessions. I like to have payment made before the first session. If coaching together isn't working, I will return unused portion of money based on a cost per hour (payment divided by hours contracted) minus the prorated time used. I will refund monies by check. I accept Visa, Mastercard, Discover, American Express and Paypal.